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Weight Watchers What To Cook Now: 300 Recipes For Every Kitchen









Synopsis

What are you going to eat tonight?Whether you're a seasoned cook or just starting out in the kitchen, it's a question to tackle every day. And in Weight Watchers What To Cook Now, it's a question that's answered deliciously more than 300 ways, with great ideas for speedy weeknight dinners, weekend big-batch meals, easy foundation recipes and more.What to Cook Now makes smart use of ingredients with concentrated flavors and must-have new kitchen tools and techniques for a healthy diet so everything you turn out in your kitchen packs maximum flavor and satisfaction.In What to Cook Now, you'll get the instructions for dishes such as:- Smoky Sweet Potato, Canadian Bacon, and Corn Hash- Apple, Celery, and Walnut Salad with Dijon Dressing-Italian Sausage and Spinach-Stuffed Mushrooms- Grilled Shrimp with Mango-Ginger Dipping Sauce- Merlot-Braised Beef Roast and Vegetables- Red Curry Beef, Napa Cabbage, and Noodle Salad- Shrimp, Chorizo, and Rice Stew- Moroccan-Spiced Beef- Italian Stuffed Artichokes-Chocolate-Chip Layer Cake with Ricotta Frosting

Book Information

File Size: 10883 KB Print Length: 416 pages Publisher: St. Martin's Griffin; 1 edition (December 24, 2013) Publication Date: December 24, 2013 Sold by:Â Macmillan Language: English ASIN: B00DFFNED2 Text-to-Speech: Enabled X-Ray: Enabled Word Wise: Enabled Lending: Not Enabled Enhanced Typesetting: Enabled Best Sellers Rank: #552,752 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #35 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diets & Weight Loss > Diets > Weight Watchers #187 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Weight Watchers #790 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diets & Weight Loss > Diets > Low Fat

Customer Reviews

This review is for the Weight Watchers cookbooks What to Cook Now, One Pot, and 50th Anniversary. I have the same comments and criticisms for all of them. The recipes are very nice, made of ingredients that are pretty much staples in our house. The prep is easy, no exotic equipment required. A variety of cooking methods are used, and many different ethnic styles are represented. We live in a small town in South Dakota, so if we can get the ingredients, most people should be able to, as well. We eat every dinner out of one of these books, and so far have only found 1 recipe that we didn't like. The pictures are nice as well. As far as this goes, I would have given the cookbooks a 5-star rating. However, the Index is terrible. I can't believe they have done the same lousy job in all three cookbooks. I use the index a lot when I'm meal-planning, and I know a lot of cooks do the same. Unfortunately, they evidently never bothered to have anyone who actually uses a cookbook on a regular basis test these out. Here are two examples of how the index is a failure: Let's say fresh salmon is on sale, and you buy some and want to find a recipe for it. You look in the index under "Salmon," and are stunned to find no recipes listed. So you have to either go through the whole book looking for salmon recipes, or go through the index line by line. OR, Let's say you want to find a specific recipe, like Chicken Lettuce Wraps, for instance. You look in the index under "Lettuce." but it's not there. It's not under "wraps." or "chicken." or even "Chinese." If you go through every line of the index, you'll find the recipe you want under A, because they named the recipe "Asian Lettuce Wraps.

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